ESAA JUNIOR GIRLS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	Justina Heslop	Northumberland	14.55
2	Caroline Wood	Northumberland	14.56
3	Clare Duncan	Merseyside	14.58
4	Sonia Thomas	Northumberland	15.00
5	Emma Alberts	Durham	15.07
6	Emma Davies	Hampshire	15.11
7	Sandie Badham	London	15.15
8	Katie Wallace	Hampshire	15.18
9	Rhiannon Straw	Staffordshire	15.20
10	Jodie Swallow	Essex	15.25
11	Suzanne Pitt	Dorset	15.28
12	Katie Dennison	Humberside	15.29
13	Jackie Hogan	North Yorkshire	15.30
14	Eleanor Gilbert	Hampshire	15.30
15	Annie Bolton	Cornwall	15.33
16	Clare Hargreave	Durham	15.36
17	Sue Rutherford	Durham	
18	Keri Myton	Kent	
19	Rebecca Allen	Sussex	
20	Emma Thompson	Bedfordshire	
21	Elaine Leake	Humberside	
22	Tracy Caine	Gtr. Manchester	
23	Joanne Evans	Merseyside	
24	V. Prendergast	Middlesex	
25	Karen Johns	Durham	
26	Rachael Ogden	North Yorkshire	15.40
27	Kate Grimshaw	Northumberland	
28	Ceri Davies	Shropshire	
29	Lorna Carson	Gtr. Manchester	
30	Hayley Whitehead	Nottinghamshire	
31	Annette Barker	North Yorkshire	
32	Paula Whitney	Cheshire	
33	Anne Greene	West Yorkshire	15.47
34	Jan Makepeace	Hampshire	
35	Tracy Gobin	Lancashire	
36	Gayle Adams	Avon	
37	Lisa Worden	Leicestershire	
38	Kath Hodkinson	Gtr. Manchester	15.52
39	Leanne Matthew	Cleveland	
40	Catherine Vines	Staffordshire	
41	Emma Carney	Merseyside	
42	Jade Pollard	Cheshire	
43	Hayley Evans	Merseyside	
44	Carean Vernon	London	

Position	Name	Area	Time
45	Laura Hale	Gloucestershire	15.55
46	Claire Demaine	Gtr. Manchester	
47	Gabi Hawson	Channel Islands	
48	Abigail West	Nottinghamshire	
49	Heather Carson	Gtr. Manchester	
50	Jenna Weekes	Dorset	
51	Elaine Calvert	Cumbria	
52	Louise Maguire	Kent	
53	Rozanne O'Hea	Cumbria	
54	Sian Pritchard	West Yorkshire	
55	Lyndsey Vernon	Merseyside	
56	Pippa MacLean-Inglis	Staffordshire	
57	Emma Ackland	Cornwall	
58	Jeanette Shortall	Merseyside	
59	Emma Brooker	Suffolk	
60	Julie Martin	Essex	
61	S. Hatherall	Devon	
62	Caroline Walsh	Middlesex	
63	Lorraine Airdrie	Bedfordshire	
64	Louise Clark	Bedfordshire	16.03
65	Nicola Jones	Lancashire	
66	Joanna Swallow	Essex	
67	Camilla Waite	Wiltshire	
68	Carly Hancock	North Yorkshire	
69	Kaye Sarginson	Durham	
70	Rebecca Everett	West Midlands	
71	Sarah Wyatt	Oxfordshire	
72	Leanne Jones	Lincolnshire	
73	Sarah Kirkman	Lancashire	
74	Sarah Summers	Devon	
75	Sarah Dugdale	North Yorkshire	
76	Abigail Filsell	Sussex	
77	Kathryn Colley	West Yorkshire	
78	Sonia Rice	West Midlands	
79	Sophia Van-Wyk	Surrey	
80	Zoe Garlick	Bedfordshire	16.08

340 athletes competed in the race.

ESAA JUNIOR GIRLS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	Merseyside	A	3	23	41	43	55	58	82	–	223 pts	
2	Durham	B	5	16	17	25	69	94	182	294	226 pts	
3	Northumberland	B	1	2	4	27	99	116	178	–	249 pts	
4	Gtr. Manchester	A	22	29	38	46	49	112	156	337	296 pts	
5	North Yorkshire	B	13	26	31	68	75	107	135	290	320 pts	
6	Hampshire	A	6	8	14	34	131	202	215	292	395 pts	
7	Staffordshire	B	9	40	56	85	133	147	161	200	470 pts	
8	Lancashire	B	35	65	73	86	100	130	169	170	489 pts	
9	West Yorkshire	A	33	54	77	87	113	126	152	164	490 pts	**
10	Cumbria	C	51	53	95	102	114	120	179	211	535 pts	
11	Bedfordshire	C	20	63	64	80	104	223	–	–	554 pts	
12	Essex	A	10	60	66	105	174	183	235	291	598 pts	
13	Devon	B	61	74	89	97	118	162	184	248	601 pts	
14	Kent	A	18	52	88	111	122	227	233	247	618 pts	
15	West Midlands	A	70	78	83	119	138	148	154	216	636 pts	
16	Sussex	B	19	76	93	143	153	163	192	257	647 pts	
17	Cheshire	B	32	42	92	117	207	209	316	–	699 pts	
18	Humberside	B	12	21	110	166	177	217	246	278	703 pts	
19	Leicestershire	B	37	106	127	157	165	219	267	321	811 pts	
20	Middlesex	A	24	62	140	158	208	222	238	268	814 pts	
21	Dorset	C	11	50	134	155	226	263	274	–	839 pts	
22	London	A	7	44	142	189	231	279	297	–	892 pts	
23	Cornwall	C	15	57	96	187	244	293	301	305	892 pts	
24	Gloucestershire	C	45	115	136	185	214	224	225	254	919 pts	
25	Surrey	A	79	90	181	191	197	210	259	260	948 pts	
26	Cleveland	C	39	149	167	176	205	252	275	324	988 pts	
27	Lincolnshire	C	72	137	172	173	193	281	295	–	1028 pts	
28	Northamptonshire	C	108	132	188	190	204	221	239	332	1043 pts	
29	Avon	B	36	125	196	220	229	243	272	303	1049 pts	
30	Nottinghamshire	B	30	48	194	240	251	310	319	335	1073 pts	
31	Hereford & Worcs.	B	81	84	109	242	264	308	312	331	1088 pts	
32	Warwickshire	C	98	121	180	228	245	249	285	304	1121 pts	
33	Cambridgeshire	B	101	123	146	237	255	262	269	314	1124 pts	
34	Berkshire	B	124	128	212	213	232	250	253	325	1159 pts	
35	Somerset	C	129	150	171	236	258	326	336	338	1270 pts	
36	South Yorkshire	B	141	145	199	261	265	266	282	–	1277 pts	
37	Shropshire	C	28	91	218	307	313	322	334	–	1279 pts	
38	Hertfordshire	B	103	175	206	276	277	280	302	–	1317 pts	
39	Buckinghamshire	B	151	198	203	230	284	300	315	317	1366 pts	
40	Norfolk	B	139	195	241	256	283	288	–	–	1402 pts	
41	Oxfordshire	C	71	160	270	289	306	318	333	340	1414 pts	
42	Derbyshire	B	159	186	201	273	287	320	330	–	1426 pts	
43	Suffolk	C	59	168	271	298	309	323	328	339	1428 pts	
44	Wiltshire	C	67	234	286	296	299	311	327	329	1493 pts	

** - STEDMAN TROPHY: WEST YORKSHIRE, team (other than top 3) with 8th finisher in highest position (164)

ESAA INTERMEDIATE GIRLS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	Nicola Slater	Oxfordshire	15.08
2	Amanda Tremble	Northumberland	15.24
3	Alison Outram	Middlesex	15.28
4	Juliette Oldfield	Northamptonshire	15.32
5	Kim Robinson	Lancashire	15.38
6	Hayley Ward	Staffordshire	15.41
7	Katherine Henville	Oxfordshire	15.46
8	Beverley Gray	Humberside	15.49
9	Helen Todd	Durham	15.55
10	C. McNulty	Avon	15.57
11	Donna Riddler	North Yorkshire	15.59
12	Jane Groves	Cheshire	16.00
13	Vicky Robinson	Cheshire	16.00
14	Jayne Danks	West Midlands	16.02
15	Sarah Murphy	Cheshire	16.03
16	Hannah Curnock	Gloucestershire	16.08
17	Jennifer Heath	Cheshire	16.09
18	Elizabeth Slater	Cheshire	16.12
19	Louisa Powell	Lancashire	16.15
20	Sara Fletcher	Kent	16.18
21	Natalie Armiger	Cumbria	16.20
22	Lucy Pringle	Northamptonshire	16.21
23	Joanna Costello	Devon	16.21
24	Claire Leake	Humberside	16.23
25	Anya Hutchinson	Nottinghamshire	16.24
26	Kirsty Jones	Buckinghamshire	16.24
27	Tina Wales	Wiltshire	16.24
28	Jess Harrison	Oxfordshire	16.24
29	Julie Cox	Northamptonshire	16.25
30	Nicky Clark	Humberside	16.25
31	Mary Owen	Somerset	16.26
32	Lisa Palmer	Derbyshire	16.26
33	Abigail Weeds	Cambridgeshire	16.26
34	Rebecca Long	Dorset	16.29
35	Louise Ireland	North Yorkshire	16.29
36	Vicky Russell	Bedfordshire	16.32
37	Heidi Seal	Kent	16.36
38	Andrea Kershaw	Gtr. Manchester	16.37
39	Dorothea Lee	Dorset	16.39
40	Charlotte Goff	Essex	16.39
41	Kerry Matthew	Cleveland	16.40
42	Tracey Simmons	Durham	16.40
43	Jo Winterbourne	Berkshire	16.41
44	Jacqui Butterworth	Gtr. Manchester	16.42
45	Kellie Hawkins	Wiltshire	16.43
46	Emma Mehew	Nottinghamshire	16.44

Position	Name	Area	Time
47	Hayley Irving	Suffolk	16.46
48	Kirsty Brown	Gtr. Manchester	16.46
49	Karen Thorp	Northamptonshire	16.46
50	Julie Brewer	Shropshire	16.47
51	Sharon Bradley	Northumberland	16.47
52	Kath Prescott	Lancashire	16.47
53	Nicky Birch	Leicestershire	16.48
54	Philippa McCrea	Cumbria	16.48
55	Victoria Wilkinson	North Yorkshire	16.48
56	Michelle Charters	Durham	16.48
57	Rebecca McKenna	Dorset	16.49
58	Samantha Dean	Merseyside	16.49
59	Kelly Foreman	Northumberland	16.49
60	Tara Cowie	Hampshire	16.49
61	Faye Watson	Staffordshire	16.51
62	Katie Lane	Suffolk	16.54
63	Paula Gowing	Avon	16.56
64	Ruth Love	Northamptonshire	16.56
65	Rebecca Lovett	Kent	16.57
66	Joanne Spencer	Cheshire	16.57
67	Katie Himsworth	Lincolnshire	16.57
68	Claire Sykes	South Yorkshire	16.58
69	S. Hinchcliffe	Gtr. Manchester	16.58
70	Bev Lawrence	Berkshire	16.59
71	Lucy Hale	Staffordshire	
72	Caroline Harkin	South Yorkshire	
73	Emma O'Shea	West Yorkshire	
74	Karen Nicol	Lancashire	
75	Helen Parsons	Sussex	
76	Carolyn Dickie	Northumberland	
77	Cath Hunter	Northumberland	
78	Helen Harvey	Cornwall	
79	Anna Hemmings	Surrey	
80	Zoe Harris	Kent	

345 athletes competed in the race.

ESAA INTERMEDIATE GIRLS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	Cheshire	B	12	13	15	17	18	66	86	167	141 pts	
2	Northumberland	B	2	51	59	76	77	85	141	248	350 pts	
3	Northamptonshire	C	4	22	29	49	64	237	327	339	405 pts	
4	Gtr. Manchester	A	38	44	48	69	81	127	148	165	407 pts	**
5	Lancashire	B	5	19	52	74	135	150	169	228	435 pts	
6	Staffordshire	B	6	61	71	95	97	119	309	324	449 pts	
7	Kent	A	20	37	65	80	107	144	155	181	453 pts	
8	Oxfordshire	C	1	7	28	112	153	210	279	295	511 pts	
9	North Yorkshire	B	11	35	55	94	190	217	277	313	602 pts	
10	Gloucestershire	C	16	96	105	109	110	183	216	233	619 pts	
11	Derbyshire	B	32	91	104	108	118	187	274	301	640 pts	
12	Durham	B	9	42	56	172	185	195	204	240	659 pts	
13	Dorset	C	34	39	57	138	180	225	227	251	673 pts	
14	Essex	A	40	89	98	115	136	214	260	283	692 pts	
15	Humberside	B	8	24	30	132	244	259	299	316	697 pts	
16	Cumbria	C	21	54	116	124	182	231	246	253	728 pts	
17	Surrey	A	79	87	92	128	174	211	242	303	771 pts	
18	Devon	B	23	114	123	139	184	197	219	326	780 pts	
19	Hampshire	A	60	122	133	154	157	170	269	270	796 pts	
20	West Yorkshire	A	73	90	120	143	176	196	222	238	798 pts	
21	South Yorkshire	B	68	72	100	121	179	261	267	288	801 pts	
22	Merseyside	A	58	84	147	158	171	186	292	–	804 pts	
23	West Midlands	A	14	88	130	161	202	254	268	338	849 pts	
24	Berkshire	B	43	70	82	131	250	276	290	306	852 pts	
25	Nottinghamshire	B	25	46	142	166	229	247	286	–	855 pts	
26	Shropshire	C	50	93	113	162	218	224	264	333	860 pts	
27	Middlesex	A	3	149	159	160	198	201	212	263	870 pts	
28	Avon	B	10	63	156	177	220	280	285	308	906 pts	
29	Leicestershire	B	53	125	134	188	203	234	275	321	937 pts	
30	Warwickshire	C	101	102	145	192	194	206	213	334	940 pts	
31	Bedfordshire	C	36	117	163	207	208	249	255	281	980 pts	
32	Sussex	B	75	129	173	191	215	221	271	294	1004 pts	
33	Suffolk	C	47	62	189	205	257	302	310	330	1062 pts	
34	Lincolnshire	C	67	146	193	241	245	266	332	337	1158 pts	
35	Wiltshire	C	27	45	236	262	291	300	328	–	1161 pts	
36	Cambridgeshire	B	33	99	178	209	317	335	341	342	1171 pts	
37	Hertfordshire	B	83	137	152	243	272	298	319	–	1185 pts	
38	Cornwall	C	78	106	151	273	282	297	318	345	1187 pts	
39	Somerset	C	31	168	199	232	278	296	307	320	1204 pts	
40	Cleveland	C	41	103	223	284	287	293	329	336	1231 pts	
41	Norfolk	B	126	164	175	226	256	311	322	340	1258 pts	
42	Hereford & Worcs.	B	140	200	235	239	258	325	331	–	1397 pts	
43	Buckinghamshire	B	26	230	265	289	312	314	315	323	1436 pts	

** - R. BROWN TROPHY: GTR MANCHESTER, team (other than top 3) with 8th finisher in highest position (165)

ESAA SENIOR GIRLS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	Jeina Mitchell	Surrey	17.52
2	Julie Mackay	Hertfordshire	18.05
3	Sharon Murphy	Middlesex	18.16
4	Claire O'Connor	Gtr. Manchester	18.21
5	Jess Turnbull	Gtr. Manchester	18.26
6	Catherine Berry	Surrey	18.27
7	Liz Talbot	Bedfordshire	18.33
8	Heidi Moulder	Avon	18.34
9	Michelle Matthews	Bedfordshire	18.36
10	Alice Braham	Somerset	18.42
11	Sarah Simmons	Kent	18.44
12	Pauline Gullett	Suffolk	18.46
13	Kerri Nott	Kent	18.59
14	Michelle Friend	Gtr. Manchester	19.04
15	Bethan Hopewell	Bedfordshire	19.06
16	Amy Stiles	Wiltshire	19.07
17	Hannah Riley	West Midlands	19.08
18	Sarah Bull	Derbyshire	19.08
19	Chris Hodgson	Surrey	19.10
20	Leigh Kettle	Kent	19.10
21	Hannah Martin	Devon	19.13
22	Clare Gardner	Shropshire	19.16
23	Bethan Fallon	Merseyside	19.17
24	Kerry Daniels	Staffordshire	19.24
25	Tanya Baker	Somerset	19.25
26	Emma Newton	Staffordshire	19.29
27	Bethan Gronow	Cornwall	19.29
28	Katie Haylock	Cambridgeshire	19.34
29	C. Lawrence	Berkshire	19.35
30	Jenny Harnett	Kent	19.36
31	Elizabeth Bruce	Surrey	19.36
32	Rhonda Macphee	Kent	19.37
33	V. Roberts	Merseyside	19.39
34	Caroline Pimblett	Gtr. Manchester	19.40
35	Susan Hogston	Kent	19.41
36	Sarah Bibby	Lancashire	19.44
37	Bernadette Taylor	Durham	19.49
38	Rachel Saywell	Hampshire	19.51
39	Zoe Lynam	Middlesex	19.55
40	Sara Stodart	Surrey	19.56
41	Karen Fullerton	Suffolk	19.59
42	Lindsay Hardy	Durham	20.00
43	Elizabeth Rushton	Staffordshire	20.01
44	Ros Garland	Middlesex	20.01
45	Valerie Bothams	Northumberland	20.02
46	Donna Colston	Kent	20.02

Position	Name	Area	Time
47	Kathy Francis	Somerset	20.03
48	Caroline Hardy	Durham	20.04
49	Nicola Jones	Essex	20.05
50	Jenny Blizzard	South Yorkshire	
51	Amanda Woodcock	Cumbria	
52	Helen Pattinson	Lancashire	
53	Sarah Quinlan	Gtr. Manchester	
54	Esther Thompson	Northumberland	20.11
55	Annabell Ingram	Sussex	
56	Emma McFarlane	Durham	
57	Jill Houghton	North Yorkshire	20.17
58	Rachel Wallace	Lincolnshire	
59	Daniella Betts	Nottinghamshire	
60	K. Ravenscroft	Essex	
61	Eleanor Hodby	Oxfordshire	20.20
62	Melissa Neal	Cambridgeshire	
63	Angela Leach	Hertfordshire	
64	Francine Bramwell	Gtr. Manchester	
65	Alice Scriven	Shropshire	
66	Tina Brown	West Midlands	
67	Kerry Boyle	Berkshire	
68	Nicola Owen	Gloucestershire	
69	Laura Carney	Merseyside	
70	Michelle Evans	Staffordshire	
71	Victoria Brooks	Hampshire	
72	Tracey Ashcroft	Durham	20.30
73	Colette Whitley	Merseyside	
74	Heather Smith	Norfolk	
75	Liza Durge	Middlesex	
76	A. Marrender	Humberside	20.35
77	Donna Green	West Yorkshire	
78	Louise Greatwood	Lincolnshire	
79	Elizabeth Fenn	Leicestershire	
80	Jane Horner	Buckinghamshire	20.39

306 athletes competed in the race.

ESAA SENIOR GIRLS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	Kent	A	11	13	20	30	32	35	46	87	141 pts	
2	Gtr. Manchester	A	4	5	14	34	53	64	92	270	174 pts	
3	Surrey	A	1	6	19	31	40	101	200	209	198 pts	
4	Staffordshire	B	24	26	43	70	86	91	135	175	340 pts	
5	Durham	B	37	42	48	56	72	109	117	122	364 pts	**
6	Middlesex	A	3	39	44	75	94	112	271	–	367 pts	
7	Merseyside	A	23	33	69	73	81	123	132	152	402 pts	
8	Somerset	C	10	25	47	83	118	143	191	–	426 pts	
9	Bedfordshire	C	7	9	15	95	114	194	238	–	434 pts	
10	West Midlands	A	17	66	93	103	106	162	237	–	547 pts	
11	Lancashire	B	36	52	85	108	136	145	149	158	562 pts	
12	Northumberland	B	45	54	102	111	121	138	148	259	571 pts	
13	Shropshire	C	22	65	97	142	153	210	214	247	689 pts	
14	South Yorkshire	B	50	88	116	147	151	173	186	244	725 pts	
15	Hertfordshire	B	2	63	89	161	187	264	–	–	766 pts	
16	Gloucestershire	C	68	100	129	139	170	177	183	285	783 pts	
17	Essex	A	49	60	130	167	180	199	236	261	785 pts	
18	Avon	B	8	84	127	160	178	242	256	268	799 pts	
19	Cheshire	B	96	99	137	154	156	181	192	252	823 pts	
20	Devon	B	21	105	157	159	174	212	249	272	828 pts	
21	Berkshire	B	29	67	168	176	184	228	293	299	852 pts	
22	Suffolk	C	12	41	128	219	226	232	267	305	858 pts	
23	Cornwall	C	27	82	113	131	231	276	302	–	860 pts	
24	Lincolnshire	C	58	78	146	166	190	230	241	266	868 pts	
25	Buckinghamshire	B	80	125	144	169	202	213	262	–	933 pts	
26	Norfolk	B	74	133	172	182	197	215	–	–	973 pts	
27	Leicestershire	B	79	104	134	207	239	255	274	288	1018 pts	
28	Humberside	B	76	110	179	193	225	260	283	–	1043 pts	
29	Hereford & Worcs.	B	126	155	163	188	195	217	235	243	1044 pts	
30	North Yorkshire	B	57	90	208	220	233	246	275	289	1054 pts	
31	West Yorkshire	A	77	165	171	189	196	280	298	300	1078 pts	
32	Hampshire	A	38	71	223	245	250	277	278	291	1104 pts	
33	Sussex	B	55	119	203	240	248	269	273	–	1134 pts	
34	Cumbria	C	51	164	216	227	234	254	295	–	1146 pts	
35	Warwickshire	C	120	140	201	218	279	290	294	296	1248 pts	
36	Nottinghamshire	B	59	211	221	253	265	297	301	–	1306 pts	
37	Dorset	C	115	206	229	284	286	287	–	–	1407 pts	
38	Cleveland	C	98	263	281	282	292	303	304	–	1519 pts	

** H. WITHAM TROPHY: DURHAM, team (other than top 3) with 8th finisher in highest position (122)

ESAA CROSS-COUNTRY - NEWARK 1993
AGGREGATE SCORES – GIRLS

Lancashire Trophy

Position	Area	Points
1	Gtr. Manchester	877 pts
2	Kent	1212 pts
3	Merseyside	1429 pts
4	Surrey	1917 pts
5	West Midlands	2032 pts
6	Middlesex	2051 pts
7	Essex	2075 pts
8	Hampshire	2295 pts
9	West Yorkshire	2366 pts

Durham Trophy

Position	Area	Points
1	Northumberland	1170 pts
2	Durham	1249 pts
3	Staffordshire	1259 pts
4	Lancashire	1486 pts
5	Cheshire	1663 pts
6	North Yorkshire	1976 pts
7	Devon	2209 pts
8	Humberside	2443 pts
9	Avon	2754 pts
10	Leicestershire	2766 pts
11	Sussex	2785 pts
12	South Yorkshire	2803 pts
13	Berkshire	2863 pts
14	Nottinghamshire	3234 pts
15	Hertfordshire	3268 pts
16	Hereford & Worcs.	3529 pts
17	Norfolk	3633 pts
18	Buckinghamshire	3735 pts

Sidney Rose Trophy

Position	Area	Points
1	Bedfordshire	1968 pts
2	Gloucestershire	2321 pts
3	Cumbria	2409 pts
4	Shropshire	2828 pts
5	Somerset	2900 pts
6	Dorset	2919 pts
7	Cornwall	2939 pts
8	Lincolnshire	3054 pts
9	Warwickshire	3309 pts
10	Suffolk	3348 pts
11	Cleveland	3738 pts

ESAA JUNIOR BOYS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	John Pattison	Northumberland	18.27
2	Eliot Hankins	Berkshire	18.29
3	David Bell	Northumberland	18.37
4	David Stanley	Hampshire	18.41
5	Simon Burton	Nottinghamshire	18.41
6	Luke Finch	Hertfordshire	18.41
7	Simon Curwen	Cumbria	18.46
8	Sam Haughian	Middlesex	18.52
9	David Fossett	Wiltshire	18.52
10	Matt Donnelly	Gtr. Manchester	18.53
11	Thomas Dew	Surrey	18.54
12	Simon Holley	Bedfordshire	19.04
13	Nicholas Mapp	Leicestershire	19.06
14	Ben Antrobus	Cheshire	19.09
15	Matthew King	Hampshire	19.11
16	Steve Briffett	London	19.12
17	Adrian Elliott	Derbyshire	19.12
18	David Moore	Merseyside	19.12
19	C. Barnes	Norfolk	19.14
20	Richard Moss	Cheshire	19.15
21	Alan Bouker	Hereford & Worcs.	19.16
22	Chris Winn	West Yorkshire	19.17
23	Mark Brown	Northumberland	19.17
24	Robert Slater	North Yorkshire	19.18
25	Lee Smith	Lincolnshire	19.21
26	Tom Hillier	Surrey	19.21
27	Thomas Molloy	Oxfordshire	19.21
28	Mark McElhone	Lancashire	19.22
29	Philip King	Essex	19.23
30	Paul Morby	West Midlands	19.25
31	Lee Garrett	Nottinghamshire	19.25
32	Tim Pitt	Surrey	19.25
33	Carl Jackson	Gtr. Manchester	19.26
34	Scott Wroot	West Yorkshire	19.28
35	Samuel Boden	Cambridgeshire	19.29
36	Matthew Dixon	Lancashire	19.30
37	Thomas Salmon	Norfolk	19.31
38	Paul O'Brien	Merseyside	19.33
39	Steven Kimber	Oxfordshire	19.33
40	A. Meadowcroft	Gtr. Manchester	19.33
41	Darren Grundy	Northamptonshire	19.34
42	Russ McCartney	Northumberland	
43	James Gisbourne	Dorset	
44	Charles Bodham-Whetton	Hertfordshire	
45	Ian Jollow	Durham	
46	Jon Buckley	Surrey	

Position	Name	Area	Time
47	Iain Jones	West Midlands	
48	Andy Kordowicz	West Yorkshire	
49	Jamie Fionda	Avon	
50	Scott Hughes	Gtr. Manchester	
51	Michael Pohl	West Yorkshire	
52	Michael Gilpin	North Yorkshire	
53	Richard Rearley	Bedfordshire	
54	Ivan Wall	West Midlands	19.41
55	Stephen Barker	North Yorkshire	
56	Paul Print	Gloucestershire	
57	Wayne Martin	Essex	
58	Jon Pollard	West Yorkshire	
59	Thomas Griffin	West Yorkshire	
60	Neil Tagg	Norfolk	
61	Steven McClen	Northumberland	19.46
62	Robert Clark	Lincolnshire	
63	Ben Squibb	Cornwall	
64	Ian Colwell	Northamptonshire	
65	Ross Fittall	Gloucestershire	
66	Steven Patmore	Humberside	
67	Nikki Boxall	Middlesex	
68	Robert Smith	Avon	
69	Martin Birkett	Northumberland	
70	Martin Thomas	Merseyside	
71	Mark Fitzgerald	Avon	19.51
72	Ian Grime	Hereford & Worcs.	
73	Craig Blackman	North Yorkshire	
74	Simon Clarke	Northamptonshire	
75	Andrew McKenna	Northamptonshire	
76	Ryan Faulkner	Leicestershire	
77	Daniel King	Warwickshire	
78	Craig Taylor	Hampshire	
79	Matthew Keddie	Cheshire	
80	John Mooney	Northumberland	

334 athletes competed in the race.

ESAA JUNIOR BOYS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	Northumberland	B	1	3	23	42	61	69	80	168	199 pts	
2	West Yorkshire	A	22	34	48	51	58	59	85	167	272 pts	
3	Gtr. Manchester	A	10	33	40	50	104	135	169	234	372 pts	
4	Hampshire	A	4	15	78	91	97	124	137	158	409 pts	**
5	Cheshire	B	14	20	79	84	87	127	161	300	411 pts	
6	Merseyside	A	18	38	70	93	103	164	176	217	486 pts	
7	Surrey	A	11	26	32	46	155	241	242	325	511 pts	
8	North Yorkshire	B	24	52	55	73	130	194	306	314	528 pts	
9	Hereford & Worcs.	B	21	72	88	100	118	170	307	329	569 pts	
10	Middlesex	A	8	67	107	111	147	148	157	259	588 pts	
11	West Midlands	A	30	47	54	81	96	282	–	–	590 pts	
12	Lancashire	B	28	36	92	140	162	179	232	253	637 pts	
13	Northamptonshire	C	41	64	74	75	171	212	290	322	637 pts	
14	Kent	A	86	90	105	109	115	141	203	–	646 pts	
15	Avon	B	49	68	71	123	138	207	227	235	656 pts	
16	Nottinghamshire	B	5	31	82	99	230	231	315	–	678 pts	
17	Essex	A	29	57	122	129	178	191	205	–	706 pts	
18	Hertfordshire	B	6	44	132	154	173	200	238	270	709 pts	
19	Gloucestershire	C	56	65	108	112	166	206	313	–	713 pts	
20	Durham	B	45	95	125	136	144	174	192	273	719 pts	
21	Leicestershire	B	13	76	133	156	159	185	280	291	722 pts	
22	Bedfordshire	C	12	53	114	175	208	247	274	319	809 pts	
23	Norfolk	B	19	37	60	160	264	283	285	326	823 pts	
24	Cornwall	C	63	102	142	150	184	193	–	–	834 pts	
25	Derbyshire	B	17	106	121	189	197	223	265	–	853 pts	
26	Oxfordshire	C	27	39	143	151	226	276	297	312	862 pts	
27	Berkshire	B	2	120	190	202	210	257	287	–	981 pts	
28	Lincolnshire	C	25	62	177	229	245	251	310	–	989 pts	
29	Warwickshire	C	77	89	94	237	250	256	269	288	1003 pts	
30	Wiltshire	C	9	83	172	233	252	266	305	–	1015 pts	
31	Humberside	B	66	113	134	213	240	272	277	331	1038 pts	
32	Devon	B	101	117	196	199	215	218	332	–	1046 pts	
33	London	A	16	139	152	220	258	284	294	–	1069 pts	
34	Shropshire	C	110	128	198	201	209	289	292	298	1135 pts	
35	Cambridgeshire	B	35	153	216	224	255	278	308	323	1161 pts	
36	Cleveland	C	146	181	188	195	228	261	263	302	1199 pts	
37	Suffolk	C	183	186	187	211	214	222	275	296	1203 pts	
38	South Yorkshire	B	116	163	165	244	262	303	316	321	1253 pts	
39	Dorset	C	43	126	249	267	304	311	318	334	1300 pts	
40	Sussex	B	119	131	219	243	286	309	327	333	1307 pts	
41	Cumbria	C	7	221	239	260	268	320	324	328	1315 pts	
42	Staffordshire	B	145	180	182	254	271	299	301	–	1331 pts	
43	Buckinghamshire	B	149	204	236	248	293	317	–	–	1447 pts	

** - LOCKHURST LANE TROPHY: HAMPSHIRE, team (other than top 3) with 8th finisher in highest position (158)

ESAA INTERMEDIATE BOYS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	Kairn Stone	Devon	23.36
2	Richard Mann	West Midlands	23.50
3	Michael Nolan	Northumberland	24.00
4	Ben Hope	Oxfordshire	24.05
5	Ian Westgate	Norfolk	24.05
6	Grant Cuddy	Gtr. Manchester	24.10
7	Martin Palmer	Avon	24.11
8	Andrew Thake	West Midlands	24.12
9	Alister Moses	Surrey	24.17
10	Reece Connor	Cleveland	24.19
11	Paul Draper	Gtr. Manchester	24.23
12	Jonathan Hollingsworth	Derbyshire	24.25
13	Andrew Hennessy	Somerset	24.26
14	Theo Boyce	Leicestershire	24.30
15	Stuart Bond	Derbyshire	24.33
16	Duncan Niblett	Staffordshire	24.35
17	Paul Lamb	Merseyside	24.36
18	Steven Gay	Dorset	24.36
19	Robbie Stewart	Merseyside	24.39
20	Daniel Getliffe	Berkshire	24.40
21	Daniel Hyde	Devon	24.41
22	Michael Green	Lancashire	24.44
23	Gavin Dean	Hertfordshire	24.46
24	Yacin Yusuf	Surrey	24.49
25	S. Illingworth	Cheshire	24.50
26	James Hampson	Dorset	24.51
27	David Kemp	Devon	24.51
28	Matt Linbourne	Kent	24.51
29	Ben Woodd	London	24.51
30	David Freeman	West Midlands	24.54
31	Scott Thompsett	Middlesex	24.54
32	Alan Graffin	Kent	24.54
33	Simon Longthorpe	Devon	24.55
34	Matthew Knowles	Durham	24.55
35	Jon Carthy	Devon	
36	Daniel Flint	Durham	
37	Chris Davies	Shropshire	
38	Darren McKay	Northamptonshire	
39	Andrew Martin	West Yorkshire	
40	Daniel Barron	Northumberland	
41	Will Peltor	Wiltshire	
42	Patrick Curran	Kent	
43	David King-Jones	Durham	
44	Daryl Griffin	Suffolk	25.04
45	Andy Williams	Gtr. Manchester	

Position	Name	Area	Time
46	Stuart Brown	West Yorkshire	
47	Stuart Bailey	Gtr. Manchester	
48	Gregg Taylor	Staffordshire	
49	Robert Brown	Northumberland	
50	Tim Boyle	Shropshire	
51	Tony Forrest	Buckinghamshire	
52	Phil McGuiness	Merseyside	
53	Gareth Creagh	Middlesex	25.14
54	Martin Makin	Gtr. Manchester	
55	Kevyn Wicks	Oxfordshire	
56	Dale Canning	Gtr. Manchester	
57	Simon Wilkinson	Hereford & Worcs.	
58	Richard Bromley	Leicestershire	25.18
59	Keith Ard	Leicestershire	
60	Thomas Mayo	West Midlands	
61	Darren Tipper	Staffordshire	
62	Robert Mulley	Durham	
63	Gavin Mason	Surrey	25.23
64	Daryll Parry	Essex	
65	Leon Newby	Kent	
66	Simon Lissaman	Hereford & Worcs.	
67	Karl Wright	Staffordshire	
68	Adam Buck	Hertfordshire	
69	Jamie Kennedy	Middlesex	
70	Chris Spencer	Hampshire	
71	Jon Marchese	Avon	
72	Neil McQueen	Merseyside	
73	Scott Mitchell	Kent	
74	Simon McLuskey	Hertfordshire	
75	Derek Fields	Devon	
76	Jacob Hickey	West Midlands	
77	Philip Holden	Cleveland	
78	Naushad Moghal	Derbyshire	
79	Chris Trickett	Wiltshire	
80	Chris Rogers	Shropshire	

327 athletes competed in the race.

ESAA INTERMEDIATE BOYS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	Devon	B	1	21	27	33	35	75	141	191	192 pts	
2	Gtr. Manchester	A	6	11	45	47	54	56	107	–	219 pts	
3	West Midlands	A	2	8	30	60	76	95	157	201	271 pts	
4	Merseyside	A	17	19	52	72	83	87	90	109	330 pts	**
5	Kent	A	28	32	42	65	73	131	164	184	371 pts	
6	Durham	B	34	36	43	62	88	136	277	–	399 pts	
7	Leicestershire	B	14	58	59	85	96	98	148	297	410 pts	
8	Staffordshire	B	16	48	61	67	123	205	221	281	520 pts	
9	Surrey	A	9	24	63	94	145	198	217	234	533 pts	
10	Northumberland	B	3	40	49	138	151	174	218	–	555 pts	
11	Hertfordshire	B	23	68	74	118	127	152	163	212	562 pts	
12	Middlesex	A	31	53	69	84	171	183	308	–	591 pts	
13	Avon	B	7	71	99	103	187	188	229	–	655 pts	
14	Derbyshire	B	12	15	78	189	195	210	233	248	699 pts	
15	Hampshire	A	70	86	102	117	129	196	213	320	700 pts	
16	Suffolk	C	44	100	108	133	142	180	199	227	707 pts	
17	Shropshire	C	37	50	80	135	168	245	260	294	715 pts	
18	Berkshire	B	20	81	112	132	154	240	244	257	739 pts	
19	Cleveland	C	10	77	104	134	219	226	241	283	770 pts	
20	Cheshire	B	25	82	139	169	170	211	236	265	796 pts	
21	Northamptonshire	C	38	106	126	167	177	206	215	232	820 pts	
22	Hereford & Worcs.	B	57	66	119	153	203	247	250	293	845 pts	
23	Dorset	C	18	26	92	202	261	271	274	284	870 pts	
24	South Yorkshire	B	105	113	144	155	176	182	208	316	875 pts	
25	West Yorkshire	A	39	46	147	158	200	289	309	–	879 pts	
26	Wiltshire	C	41	79	97	223	237	266	296	–	943 pts	
27	Buckinghamshire	B	51	114	137	149	243	267	299	–	961 pts	
28	Oxfordshire	C	4	55	161	216	263	268	278	325	967 pts	
29	Norfolk	B	5	93	110	246	279	291	306	313	1024 pts	
30	Lancashire	B	22	120	172	175	239	303	318	–	1031 pts	
31	Somerset	C	13	160	179	204	225	253	–	–	1034 pts	
32	Humberside	B	121	165	181	193	224	230	258	307	1114 pts	
33	Essex	A	64	150	178	185	249	321	323	–	1147 pts	
34	Lincolnshire	C	116	143	166	222	252	259	285	–	1158 pts	
35	Cambridgeshire	B	91	122	159	186	315	326	–	–	1199 pts	
36	Nottinghamshire	B	101	140	209	228	251	275	301	–	1204 pts	
37	North Yorkshire	B	124	156	190	214	273	287	290	304	1244 pts	
38	Bedfordshire	C	128	130	207	256	262	264	311	319	1247 pts	
39	Warwickshire	C	162	192	194	231	235	255	288	292	1269 pts	
40	Cumbria	C	111	146	238	242	276	282	–	–	1295 pts	
41	London	A	29	197	295	310	324	327	–	–	1482 pts	
42	Gloucestershire	C	220	254	280	298	314	317	322	–	1683 pts	
43	Cornwall	C	269	270	300	302	305	312	–	–	1758 pts	

** - NEWCASTLE 900 CUP: MERSEYSIDE, team (other than top 3) with 8th finisher in highest position (109)

ESAA SENIOR BOYS' CROSS-COUNTRY - NEWARK 1993

Position	Name	Area	Time
1	Kevin Farrow	Derbyshire	27.44
2	Scott West	Leicestershire	27.49
3	Ben Noad	Avon	27.52
4	William Levett	Kent	28.04
5	David Rankin	Gtr. Manchester	28.12
6	Glen Hilton	Durham	28.14
7	Simon O'Connor	Staffordshire	28.19
8	Richard Taylor	West Midlands	28.21
9	Steven Smith	Berkshire	28.23
10	Matthew Laffar	Sussex	28.26
11	Neil Caddy	Cornwall	28.32
12	Martin Gostling	Derbyshire	28.33
13	Darren Preston	Middlesex	28.34
14	Richard Ashe	Middlesex	28.36
15	Ian Mitchell	West Yorkshire	28.38
16	Matthew Smith	Hertfordshire	28.40
17	Charles Sykes	Cumbria	28.41
18	Danny McCormack	Bedfordshire	28.42
19	Mark Wakelam	West Midlands	28.44
20	M. O'Sullivan	Middlesex	28.48
21	Chris Elliott	Hampshire	28.51
22	Liam O'Brien	West Yorkshire	28.52
23	Lee Price	Derbyshire	28.56
24	Dan Henderson	Durham	28.57
25	Robin Heap	South Yorkshire	28.58
26	Charlie Low	Cornwall	29.00
27	Peter Robertshaw	North Yorkshire	29.01
28	Simon Saxby	Humberside	29.01
29	Paul Holdham	Sussex	29.08
30	Bruno Witchalls	Surrey	29.08
31	Matthew Young	Oxfordshire	29.10
32	Steve Smith	Wiltshire	29.11
33	Stephen Murphy	Merseyside	29.12
34	Jamie Dixon	North Yorkshire	29.13
35	Chris Farrell	Gtr. Manchester	29.14
36	David Locker	Staffordshire	29.15
37	Stephen Lowe	West Yorkshire	29.16
38	David Bullock	Hertfordshire	29.17
39	Steven Turvill	Hampshire	29.17
40	Joel Fraser	Sussex	29.19
41	Stephen Body	Lincolnshire	29.20
42	Brett Mate	Northumberland	29.20
43	Orlando Edwards	Hertfordshire	29.22
44	Guy Clark	Lancashire	29.22
45	Edward Bowen	Warwickshire	29.23
46	James Walker	Northumberland	29.23

Position	Name	Area	Time
47	Matt Williams	Cleveland	29.23
48	Benjamin Rieper	Gtr. Manchester	29.25
49	Duncan Choosey	Cleveland	29.26
50	James Mayo	West Midlands	29.27
51	Chris Jenkins	West Yorkshire	29.27
52	Robert Reed	Northumberland	29.31
53	Andrew Parker	Gtr. Manchester	29.31
54	Lee Garland	Channel Islands	29.32
55	Andrew Fooks	Somerset	29.32
56	Kevin Holland	Sussex	29.32
57	Jonathan Duncan	Staffordshire	29.32
58	Marc Fallows	Wiltshire	29.32
59	James Wheeler	Derbyshire	29.34
60	Julian Wilkie	Gloucestershire	
61	Michael Curry	Durham	
62	Phil McCartney	Northumberland	
63	Mark Beerling	Oxfordshire	
64	Robert Holladay	South Yorkshire	
65	Jeffrey Abbott	Durham	
66	Lee Eddison	West Yorkshire	
67	Gavin McAdam	South Yorkshire	
68	Marc Yates	West Yorkshire	
69	Stephen Rigby	Merseyside	
70	Jacob Low	Surrey	
71	Simon Garnett	Gtr. Manchester	29.43
72	Darren Blake	Surrey	
73	Paul Dickie	Northumberland	
74	Robert Foster	West Midlands	
75	David Clark	Durham	29.47
76	Eddie Gabbut	Hertfordshire	
77	Jon McCallum	Surrey	
78	Matthew Waldram	Middlesex	
79	John Matthews	Northamptonshire	
80	Andrew Renfree	Cornwall	29.50

320 athletes competed in the race.

ESAA SENIOR BOYS' CROSS-COUNTRY - NEWARK 1993
TEAM RACE

Position	Area	Group	1st	2nd	3rd	4th	5th	6th	7th	8th	Points	
1	West Yorkshire	A	15	22	37	51	66	68	176	238	259 pts	
2	Gtr. Manchester	A	5	35	48	53	71	115	172	–	327 pts	
3	Durham	B	6	24	61	65	75	97	151	192	328 pts	
4	West Midlands	A	8	19	50	74	84	101	167	–	336 pts	
5	Middlesex	A	13	14	20	78	90	125	–	–	340 pts	
6	Sussex	B	10	29	40	56	114	130	219	257	379 pts	
7	Northumberland	B	42	46	52	62	73	105	128	135	380 pts	**
8	Hertfordshire	B	16	38	43	76	89	139	181	222	401 pts	
9	Staffordshire	B	7	36	57	85	94	170	255	268	449 pts	
10	Surrey	A	30	70	72	77	106	108	121	208	463 pts	
11	Kent	A	4	82	86	92	113	127	–	–	504 pts	
12	Derbyshire	B	1	12	23	59	213	217	220	298	525 pts	
13	Merseyside	A	33	69	110	126	131	147	161	223	616 pts	
14	North Yorkshire	B	27	34	112	134	137	183	193	211	627 pts	
15	Dorset	C	91	93	98	99	119	133	210	256	633 pts	
16	Cornwall	C	11	26	80	123	186	207	276	282	633 pts	
17	Hampshire	A	21	39	103	142	163	168	230	–	636 pts	
18	Cleveland	C	47	49	104	109	118	293	–	–	720 pts	
19	Lancashire	B	44	116	117	132	150	179	188	206	738 pts	
20	Oxfordshire	C	31	63	124	158	205	221	280	286	802 pts	
21	South Yorkshire	B	25	64	67	178	237	274	–	–	845 pts	
22	Berkshire	B	9	129	138	166	175	263	–	–	880 pts	
23	Avon	B	3	81	159	173	225	240	271	–	881 pts	
24	Lincolnshire	C	41	122	155	182	199	201	244	270	900 pts	
25	Warwickshire	C	45	120	162	184	243	246	251	281	1000 pts	
26	Northamptonshire	C	79	87	148	196	245	300	302	314	1055 pts	
27	Suffolk	C	156	164	169	180	203	212	216	296	1084 pts	
28	Cumbria	C	17	100	157	236	288	301	315	–	1099 pts	
29	Gloucestershire	C	60	140	185	195	264	272	317	–	1116 pts	
30	Humberside	B	28	146	190	209	278	290	307	–	1141 pts	
31	Somerset	C	55	152	194	215	253	277	306	313	1146 pts	
32	Devon	B	141	143	153	224	242	254	261	–	1157 pts	
33	Cheshire	B	83	145	165	227	283	285	–	–	1188 pts	
34	Wiltshire	C	32	58	214	297	308	320	–	–	1229 pts	
35	London	A	95	154	160	262	279	284	299	–	1234 pts	
36	Essex	A	102	191	231	232	247	250	252	258	1253 pts	
37	Leicestershire	B	2	200	235	259	267	292	311	–	1255 pts	
38	Hereford & Worcs.	B	107	171	187	239	273	294	–	–	1271 pts	
39	Shropshire	C	88	111	226	249	291	310	318	–	1275 pts	
40	Bedfordshire	C	18	177	233	260	295	303	309	316	1286 pts	
41	Buckinghamshire	B	144	197	218	229	265	266	305	–	1319 pts	
42	Cambridgeshire	B	136	174	204	248	269	319	–	–	1350 pts	
43	Norfolk	B	96	198	241	287	289	312	–	–	1423 pts	
44	Nottinghamshire	B	189	202	228	234	275	304	–	–	1432 pts	

** - WIGAN TROPHY: NORTHUMBERLAND, team (other than top 3) with 8th finisher in highest position (135)

ESAA CROSS-COUNTRY - NEWARK 1993
AGGREGATE SCORES – BOYS

Liverpool Trophy

Position	Area	Points
1	Gtr. Manchester	918 pts
2	West Midlands	1197 pts
3	West Yorkshire	1410 pts
4	Merseyside	1432 pts
5	Surrey	1507 pts
6	Middlesex	1519 pts
7	Kent	1521 pts
8	Hampshire	1745 pts
9	Essex	3106 pts
10	London	3785 pts

Coventry Trophy

Position	Area	Points
1	Northumberland	1134 pts
2	Durham	1446 pts
3	Hertfordshire	1672 pts
4	Derbyshire	2077 pts
5	Avon	2192 pts
6	Staffordshire	2300 pts
7	Leicestershire	2387 pts
8	Devon	2395 pts
	Cheshire	2395 pts
10	North Yorkshire	2399 pts
11	Lancashire	2406 pts
12	Berkshire	2600 pts
13	Hereford & Worcs.	2685 pts
14	South Yorkshire	2973 pts
15	Norfolk	3270 pts
16	Humberside	3293 pts
17	Nottinghamshire	3314 pts
18	Cambridgeshire	3710 pts
19	Buckinghamshire	3727 pts

Sussex Trophy

Position	Area	Points
1	Northamptonshire	2512 pts
2	Oxfordshire	2631 pts
3	Cleveland	2689 pts
4	Dorset	2803 pts
5	Suffolk	2994 pts
6	Lincolnshire	3047 pts
7	Shropshire	3125 pts
8	Wiltshire	3187 pts
9	Cornwall	3225 pts
10	Warwickshire	3272 pts
11	Bedfordshire	3342 pts
12	Gloucestershire	3512 pts
13	Cumbria	3709 pts